



What is your role with KYSA?

I am fortunate enough to have a variety of roles with KYSA. Currently I have the honor of coaching the U14 Girls Select team. I am involved with coaching at the house level. I also have the privilege, under the guidance of Ciaran McMahon and Mark Bell, of working as a staff coach including academy programs and summer camps. I am also lucky enough to have the role of parent with four children involved in KYSA programs.

How long have you been involved with KYSA?

Interestingly enough, I have been involved with KYSA for many years. As a child I played soccer for an area association that would one day be part of the KYSA as it is known today. I had my first experience with coaching during this time. More recently, I have been coaching for KYSA at the house and select levels for the past ten years.

Why did you become part of KYSA?

Soccer has always been a passion of mine. When the time came to move on from playing it was natural to move toward coaching. I made the jump to coaching because I wanted to give back to the association and community that gave opportunity to me. Sport has taught me many lessons and provided me many memories and I want to provide this experience for up and coming athletes. Having children in the program helps to make the opportunity to coach that much more rewarding.

What is your favorite soccer-related memory?

Soccer has provided me with many memories. As a player, one memory that stands out is winning Nationals while playing soccer during my university years. I have vivid memories of the time, work and effort put into training and preparing for this level of play. I remember the goals scored. I remember the celebrations and ceremonies afterwards with medals and trophies. More importantly, I remember the people, on and off the field, who made that win a reality. I remember the coaches along the way. Many who influenced me with knowledge and support that would stay with me far beyond the scope of the pitch. As a coach, the memories I seek are to look back one day knowing I have made a positive impact on the athletes I work with. The best reward is to see the athletes grow into positive and confident people.

What is your favorite soccer team?

My favorite soccer team is the Canadian women's soccer team led by the incredible Christine Sinclair.

What do you love about Kamloops?

I love the landscape and weather in Kamloops. It provides all sorts of outdoor adventure within a short travel distance. And the people here are fantastic!

Where would you like to go on a dream vacation?

My dream vacation is anywhere as long as it is with my beautiful family of Andrew, Taeler, Rebekah, Hannah and Mallorie. Hawaii does look pretty good right about now!

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