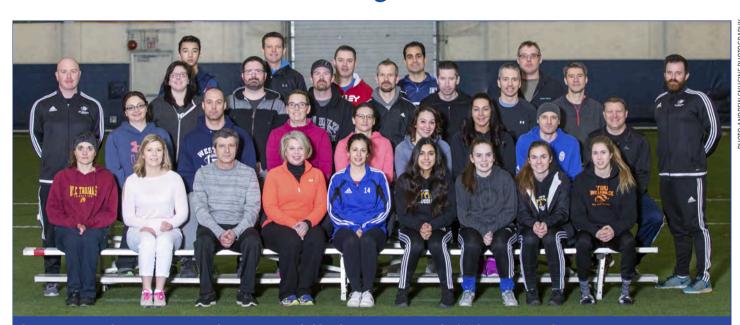


A bi-monthly publication of the Kamloops Youth Soccer Association

# **Two More Coach Training Clinics Held in March!**



The participants in the 'Learn to Train' coach training course held at the Soccer Dome March 3/4 (above) were: Back row, LtoR: Owen Cotito, Steve Scott, Cody Baker, Mike DeCicco, James Speyers. Standing, LtoR: Mark Bell (facilitator), Megan Storz, Detlef Storz, Josh Huber, Phil Bylsma, Josh Weston (withdrew), Paul Dixon, Todd Goodsell, Ciaran McMahon (facilitator), Second Row, LtoR: Gillian Baltakis, Jeff Schieman, Lisa Thompson, Caraleigh Nelson, Kelsey Pereira, Jennifer Lestander, Christopher Russo, Jeff Torrans. Front row, LtoR: Tasha Vedd, Caitlin Sharp, Franco Spada, Shauna Boyko, Jessica Zuidema, Daniela Falsetta, Kaitlin Ramsay, Marie Marshall, Emily Mann. Photo: Andrew Snucins.

he KYSA hosted two BC Soccer pre-season coach training courses during the month of March: "Learn To Train" and ▲ "Soccer For Life." Both courses were held at the Soccer Dome under the tutelage of facilitators Ciaran McMahon and Mark Bell.

Twenty-nine individuals attended the Learn To Train course while 23 coaches attended the Soccer For Life clinic (see Page 3). I tion is free to all active KYSA volunteer coaches.

There are two more coaching clinics scheduled in April. On Wednesday, April 18, the KYSA will stage an "Active Start" training clinic for coaches of U5/U6 players and on Friday/Saturday, April 20-21, a FUNdamentals course will be held (see Page 4).

More information on the KYSA's Coach Education program can be found on the association's web site at kysa.net. Registra-

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## From the desk of Technical Director, Ciaran McMahon...



warming and the fields are thawing and we are excited to begin another great season. Two significant issues that come up every year are managing injuries and lopsided

scores. Some guidelines for 'best practice' in these situations are provided hereunder. Managing the team during an injury ... Kneeling when a player gets injured is not an appropriate sign of respect and should be avoided. Why? Put yourselves in the shoes of the injured player... do you want everyone to stop and stare at you while you are on the ground? Would you feel better or worse if you broke down in tears because of the pain while everyone was watching you? What about all the other players on the field... does watching someone else writhe in agony allow either team to continue the game in a positive fashion or does it leave some people feeling extremely negative and fearful.

## What can teams do instead? ...

While the injured player is being treated gather your team together and reassure them that the injured player will be OK in a few minutes. You can then hydrate the players, get the players discussing the game tactically (i.e. "what do we need to do better?") and, provide feedback to individuals. Distract the group from the pain and anguish of the injured player and allow that injured player to work through their situation with dignity. Once that player is up and moving then everyone should be applauding the individual for their determination and perseverance This will allow the injured player to receive full respect from everyone and allow both coaches to minimize any nervous tensions that may be coming from the injury situation.

## Managing the score line ...

It happens, two teams don't match up evenly and the score starts to get out of hand. When one team can score at will while the other barely touches the ball neither team benefits and a different challenge is required. Yes, it is exciting for the winning team (at first) but starts to get uncomfortable, and the positive energy on the field begins to shift. Every coach is encouraged to use their judgement and coordinate with their opponent to create an environment that is appropriately challenging for both teams. A "best practice" approach is outlined below.

## For U7 to U12 teams:

We know scores are not kept but when the goal difference reaches +5 (ish) one of the following options may be discussed: Leading Team withdraws a player from the field to play short handed. The Trailing Team adds a player to the field creating a numbers up situation. Maintain this change until the level of competition becomes balanced. Should the momentum swing in the opposite direction, teams are asked to return to an equal number of players on the field of play.

## For U13 to U18 teams:

When goal difference gets beyond +4 the leading team is to explore the following option with their opposing coach: Leading Team withdraws a player from the field creating a 10v11 game. Maintain this change until the scoreline is at +4 or lower then introduce the 11th player back onto the field (at your discretion). The KYSA does not count a goal difference greater than +5 toward the standings so coaches have no incentive to run up the score beyond +5.

Remember that a competitive game with a lopsided score is not the same as two completely mismatched opponents. Any adjustments to the number of players on the field should be made in an attempt to balance the level of competition and not just the scoreline.

## REMAINING KYSA-HOSTED SOCCER COACH TRAINING COURSES TO BE HELD.

| Dates:          | Course:                | Tailored For: | Times:         | Location    |
|-----------------|------------------------|---------------|----------------|-------------|
| Wed. April 18   | Active Start           | U5/U6 Coaches | 6:00pm-10:00pm | KYSA Office |
| Fri. April 20 & | FUNdamentals           | U7-U8 Coaches | 6:00pm-10:00pm | KYSA Office |
| Sat. April 21   |                        |               | 9:00am-1:00pm  |             |
| Frid., April 27 | Grassroots Goalkeeping | U13+ Coaches  | 6:00pm-9:00pm  | KYSA Office |

REGISTER NOW AT COACHCENTRE.CA. ACTIVE KYSA COACHES ARE NO LONGER REQUIRED TO PAY THE COURSE REGISTRATION FEE UP FRONT. KYSA PAYS BC SOCCER DIRECTLY. INQUIRIES TO KYSATD@TELUS.NET

## KAMLOOPS YOUTH SOCCER ASSOCIATION



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**Email:** kysa@telus.net

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#### MISSION STATEMENT

KYSA is a volunteer organization that is dedicated to offering youth in Kamloops a positive, fun soccer environment at the recreational and competitive levels, with coaches who are dedicated to the players and their development, while at the same time promoting sportsmanship and fellowship amongst all its members.

## From the desk of Executive Director, Keith Liddiard...



f you are receiving this newsletter for the first Ltime, it likely means vou are a new team coach or manager. If you are new to the program—welcome! *Soccer Shorts*" is sent to all team officials, sponsors, media and interested observers every two months.

We trust you will find it informative!

Last September the KYSA held its first Volunteer Appreciation and Awards Dinner at St. Ann's Academy. For a first attempt, the function went well and raised a few thousand dollars for the association's inclusive programming, as well as the organization's scholarship awards fund. This year the dinner is going to be held Saturday, June 23rd, again at St. Ann's (I'm told the food was outstanding!). You will be hearing more about the event in the coming weeks, but keep in mind that the awards selection committee will be looking for nominations in at least a dozen categories this year, such as:

House Coach of the Year Select Coach of the Year Manager of the Year Small-Sided Male Player of the Year Small-Sided Female Player of the Year Youth Male Player of the Year Youth Female Player of the Year Select Male Player of the Year Select Female Player of the Year Development Male Player of the Year Development Female Player of the Year The organizing committee is also looking into adding a referee's award this year. Nomination



Congrats and THANK YOU to the participants in the 'Soccer For Life' coach training course held at the Soccer Dome March 10/11: Back Row (L to R): Dylan Hanson, Chris Adamson, Joel Brown, Quintin Harasemchuk, Cliff McGillis, Chuck Parken, Brian Young. Middle Row (L to R): Mark Bell (Learning Facilitator), Loris Facchinelli, Patrick Dalton, Jason Gentles Brennan Atamanchuk, Andrew Price, Cory Solomonson, Jeff Murphy, David Ma, Ciaran McMahon (Learning Facilitator). Front Row (L to R): Robert Colistro, Daryl Taylor, Michael Lindsay, Irene Meili, Deanna Phillips, Emily Mann, Tyler Becker, Jason Hanson. Photo: Stacey Krolow.

info will be circulated shortly. In the meantime, keep your eyes peeled for worthy candidates.

We are pleased to announce that we have added one more scholarship award to the nine already announced for 2018. The "Lynn Burrows" Scholarship" in the amount of \$500 has been added. Lynn was a popular director and president of the KYSA from 2005 to 2008. She eventually succumbed to a lengthy battle with cancer on July 12th of last year. She was the mother of four soccer-playing boys and wife to Will for thirtyfour years. She was a dedicated volunteer for many worthy causes during her lifetime. She is credited with many positive initiatives during

her tenure with the KYSA. The other nine scholarships to be awarded this year are:

- KYSA (Male) \$750
- KYSA (Female) \$750
- McDonald's Restaurants of Kamloops \$500
- Bank of Montreal \$500
- Chopped Leaf \$500
- Hansport (Male) \$500
- Hansport (Female) \$500
- Errol Wild Memorial Scholarship \$500
- Forward Law LLP \$500

Eligible applicants for a KYSA Scholarship have until May 31st, 2018 to submit an application. Additional information on the KYSA's scholarship program and application forms are available on our web site at kysa.net. Copies of the application form can also be obtained from the KYSA office, Tuesday-Friday, 9:00am to 4:00pm. Congratulations to the following KYSA and TOFC grads who have been recruited by TRU for the 2018-19 USports Season: Avery Gilbert, Ainsley Grether and Kolton Storzuk. In other TRU news: Men's Team Head Coach John Antulov (a former KYSA TD) is one of the three nominees for the Kamloops Sports Council's Coach of the Year Award. Ryan Glanville and Mitch Popadynetz are up for University Athlete of the Year and TRU's U-Sports Men's National Bronze medalists for Team of the Year. The KSC Awards Banquet is set for April 28th at the Coast Kamkamloopssportscouncil.com

Former KYSA President **Graham Cope** is also a candidate for a KSC award. Graham is one of the three nominees for "Sports Person of the Year!"

loops Hotel and Conference Centre. More info at:









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