



# **KYSA 2020**

# **Community Spring League**

Coaches Pre-Season Meetings - U11



# Sponsors

Thank You to the following Community Spring League Sponsors:

The Chopped Leaf

Forward Law

Pizza Now



# Agenda

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- Roles & Responsibilities
- Equipment / Apparel
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- KYSA Philosophy
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- Other Items
- Questions



# Introductions - Club Staff

Main Office      250.376.2765  
Tue-Fri from 9am to 4pm  
Open to 6pm on Tue/Thu beginning March 24

- |                   |                                          |                                                            |
|-------------------|------------------------------------------|------------------------------------------------------------|
| • Carolyn Birch   | Office Administrator / General Inquiries | <a href="mailto:kysa@telus.net">kysa@telus.net</a>         |
| • Missy Cederholm | Executive Director                       | <a href="mailto:kysaed@telus.net">kysaed@telus.net</a>     |
| • Ciaran McMahon  | Technical Director                       | <a href="mailto:td@kysa.net">td@kysa.net</a>               |
| • Mark Bell       | Senior Staff Coach / Referee Mentor      | <a href="mailto:kysasc@telus.net">kysasc@telus.net</a>     |
| • Clive Lovett    | Program Coordinator                      | <a href="mailto:kysarep@telus.net">kysarep@telus.net</a>   |
| • Hailey Manke    | Small Sided Referee Allocator            | <a href="mailto:allocator@kysa.net">allocator@kysa.net</a> |

***WE ARE HERE TO HELP***



# Roles & Responsibilities

## Head Coach

- Provide a positive and welcoming team environment
- Implement Club Curriculum
- Run Practices
- Coach Games
- Player Report Cards
- Feedback to parents

## Assistant Coach

- Provide a positive and welcoming team environment
- Assist implementing Club Curriculum
- Assist with Practices
- Assist with Games
- Assist with Player Report Cards & feedback

## Manager

- Provide a positive and welcoming team environment
- Coordinate and communicate general team requirements for games, practices and photos
- Liaise between team and club



# Equipment & Apparel

## Equipment

Contact the office should you need additional team equipment or have to exchange a faulty item

## Apparel

- Jersey's are sized specifically to your team.
- DO NOT exchange with another team. Hand out according to sizing list provided.
- Should a child require a different size they can exchange with the office.
- Team Sponsorship is OK but subject to club approval (given pre-existing contracts with current sponsors)



# Practice Schedules

**Pre-Season Practices** (The Warner Rentals Soccer Dome (313 Nishga Way), [MAP](#))

- Detailed Schedule - [HERE](#)
- Schedules will be uploaded to Power Up this week

## **Regular In-Season Practices**

Have you booked these yet? Contact Carolyn to do so.

Practice Alternatives - Can practice with a different team if there are scheduling conflicts

\*\*\*Fields do not close if it rains. In the event of a field closure you will be notified by the office.\*\*\*



# Game Schedules

## Regular Game Days

- U11 = Boys & Girls on Saturdays
- Check PowerUp App for up to date information
- \*\*\*Games are NOT cancelled due to rain but caution should be taken in the event of lightning\*\*\*
- Coaches must be aware of the KYSA Severe weather policy and act accordingly - [HERE](#)

## Jamborees (Games will be played on BOTH Saturday and Sunday)

- Ice Breaker Jamboree - April 18 & 19
- Wrap Up Jamboree - June 20 & 21





# Training Curriculum

- Full Curriculum is provided on our website - [HERE](#)
- Updated curriculum will be communicated in the coming weeks
- A new session will be emailed directly to you at the beginning of each week
- Contact the office for additional support
- Organization and player management are the keys to a good session.



# Technical Support

## Club Staff

- Our technical director is available to consult / support over the phone or in person.
- A paid staff member may be available and can come out to support you at your training session.
- Look for staff to be out at game days and jamborees supporting where we can.

## Coach Mentors

- Initiating a pool of mentor coaches who can lend support either over the phone or in person



# Coach Education

Requirements ([HERE](#)) - RIS | Making Headway | CRC | Signed Agreement

Learning To Train Course (Formal Education from BC Soccer)

- Saturday March 7 & Saturday, March 28 (9am to 5pm)

KYSA Crash Course (typically 90 to 120 minutes - for those who cannot attend Learning To Train)

- Option # 1 - Tuesday, April 14th - 7pm to 9pm
- Option # 2 - Thursday, April 16th - 7pm to 9pm

Additional Coach Education Workshops (typically 60 to 90 minutes) - [HERE](#)



# Game Day Expectations

- Stress arrival time vs kick-off time
- Coaches are to lead an appropriate warm-up (per curriculum)
- Coaches are to organize their team for pre-game walk out / presentations
- Coaches are to manage their sideline and substitutions
- Coaches are to work cooperatively and supportively with referees
- Coaches are to work supportively with parents
- Coaches are to take measures to manage the scoreline and ensure a positively challenging environment for all players (i.e. adding or removing players to balance the level of play)



## Select Program - Reserve Players

- Some Community Spring league participants also participate in the Select program as “Reserve Players”.
- Reserve players are invited to train regularly with the Select program and may also be called up for Select games from time to time
- Reserve players are expected to prioritize all Community Team commitments over any Select Program conflicts or coordinate conflicts with both team coaches.
- Select coaches are to notify Community coaches should a reserve player be called up.
- Community coaches may deny a call up request if that reserve player has been displaying negative behaviours on their community team.
- Call ups are not permitted during Community League tournament / jamboree weekends
- A Reserve Player coordination list will be communicated to all Community and Select coaches



# Age Division Rules

## U11

- 8v8 (7 + GK)
- 2 x 30min halves
- Referees
- Throw-Ins per usual
- Retreat line = 1/3 line
- Offside = 1/3 line
- Ball = size 4



# Code Of Conduct

By registering your child to participate in the KYSA Community Spring League or by stepping forward to volunteer, all coaches, managers, and parents have agreed to abide by the following code of conduct:

*Youth Have the right to participate in a sporting environment free from verbal, emotional and physical abuse or harassment. All parents, players, officials, and spectators play an important role toward creating a safe space for all participants.*

*Be Positive - Be Respectful - Be inclusive*

*#respectALL  
#TogetherWeAreKYSA*



# Referee Abuse

Most of our referees are young (12 to 14) and learning to officiate the game and grow their confidence

The KYSA has a ZERO TOLERANCE toward any form of referee abuse or harassment and will pursue significant discipline (read suspensions) should it be warranted.

The KYSA does wish to receive feedback about our referees. Please bring your observations forward to our office at [kysaed@telus.net](mailto:kysaed@telus.net)





# Child Safety

Speak Up & Ask for Help!

We encourage all members to speak up if they feel there is an issue or if something doesn't seem quite right. If there is an immediate threat or danger please call 911 or the local RCMP right away.

Please take the following steps to report an issue:

- 1) Speak with your coach (if appropriate)
- 2) Contact KYSA Staff - Missy Cederholm ([kysaed@telus.net](mailto:kysaed@telus.net)) or Ciaran McMahon ([kysatd@telus.net](mailto:kysatd@telus.net))
- 3) Contact the Discipline Committee Chair - Andrew Williams ([andrew.thayne.williams@gmail.com](mailto:andrew.thayne.williams@gmail.com))
- 4) Contact an independent 3rd party if you feel uncomfortable dealing with KYSA directly



## 3 Types of Sideline Communication

### Supportive

- Attentive Silence
- Cheering both sides for positive outcomes
- Encouragement & praise

KEEP IT COMING!

### Distracting

- Instructive in nature
- “Go to the ball!”
- “Pass it to...!”
- “Shoot!”
- “Not there!”

BE MINDFUL AND  
ELIMINATE!

### Hostile

- Yelling at referees
- Yelling at your own child
- Yelling at other players
- Yelling at other parents

PUT AN END TO THIS!



# KYSA Philosophy

As leaders, role models, mentors and managers, we at the KYSA seek to support:

- As many participants as possible
- For as long as possible
- In the best environment possible

In everything you do we as leaders, you must put the needs of the player above any win or loss. In everything you do as participants, you must appreciate that you are a part of a whole and look to contribute the best of yourself toward the needs of the team.

All participants, provided they are healthy and have demonstrated positive, pro-social behaviour, are entitled to equal game time between U7 to U13 and 50% game time from U14 to U18.



# Team Expectations

- Communicate your attendance promptly and always
- Arrive on time (5 min before all practices, 30 min before all scheduled game kick-off times)
- Parents on the opposite sideline from coaches (unless otherwise communicated)
- Coaches “coach”, referees “officiate”, parents “support”
- Issues or concerns - Your team coach is your first point of contact for any issues with respect to your child. Please respect that coaches are busy immediately before, during and after all practices and games. Sensitive items are best discussed away from the field. Coaches and parents are encouraged to find a common ground solution to addressing issues rather than taking a stand against each other



## Other Items

- Most info you will require can be found under “Resources” on our website
- ***KYSA Wrap Up BBQ*** - Friday, June 19th from 6pm to 8pm at the PowWow grounds
- Jewelry is not permitted during games (referees can remove players from the field for wearing earrings) - Avoid ear piercings around April/May/June
- Team & Player of the Week - For all U7 to U11 teams, will be randomly drawn.
- Power Up enhancements. More info to come but you can now communicate via the app and create snack schedules.
- Schedules for games, photos, practices uploaded to Power Up (by Mar 6)
- Communicate with your team ASAP



**Questions?**