

KYSA Pre-Season Coaches Meeting
2020 Select Program

Table Of Contents *(click the link below to be taken to that section of the document)*

[KYSA Select Program Mission](#)

[KYSA Code Of Conduct](#)

[Training / Coaching Priorities](#)

[Non-Negotiables](#)

[Player Feedback](#)

[Game Time](#)

[Positions](#)

[Professional Coaching Conduct](#)

[Support publicly - Disagree privately](#)

[League Rules](#)

[FIFA RULE CHANGES](#)

[U11/12 Rules](#)

[U13 to U18 Rules](#)

[Reserve Players](#)

[Important Dates & Details](#)

[Dome Training:](#)

[Coaching Appointments](#)

[Next Coaching Courses](#)

[TOYSL Divisions](#)

[Select](#)

[Other Items:](#)

[2021 Evaluations](#)

[Social Media](#)

[Final Items](#)

KYSA Select Program Mission

The KYSA Select Program supports **advancement opportunities** for those committed and capable players interested in pursuing a higher level of performance.

KYSA Code Of Conduct

Your behaviour gives permission to their behaviour. Youth have the right to participate in a sporting environment free from verbal, emotional and physical abuse or harassment. All parents, players, officials and spectators play an important role toward creating a safe space for all participants.

Be Positive
Be Respectful
Be Inclusive

#RespectAll #TogetherWeAreKYSA

Training / Coaching Priorities

Emphasis - Development vs Winning

- How will you define success for your players and parents?
- How will your players remember you after this season?
- People first, Players second - do you fill their emotional cup?

Warm Up Routine (Click link for more info): [FIFA 11+](#)

Training Curriculum Resource (Click link): [HERE](#)

Month	Training Priorities	Coaching Priorities
February / March Dome / TCC	<ul style="list-style-type: none"> • Dribbling & Shooting Repetitions • Keep Away Games • Combination Play • Scrimmages (4v4 to 6v6) • Principles of Play (Support, Penetration, Creativity) • Routines, Heart Rate & Habits 	<ul style="list-style-type: none"> • Be organized • High level of player activity • Bring out Intensity • Positive Session Flow • Observe more • Talk Less • Coach on & around the ball
April / May TCC / MIP	<ul style="list-style-type: none"> • Positional Roles & Resp. • Unit Organization • Att / Def Priorities • Scrimmages (6v6+ to Phase of Play) • Heart Rate • Lots of activities involving DOTTS 	<ul style="list-style-type: none"> • Be organized • More Tactical (decisions) • Less Technical • Drive Intensity • Positive Session Flow • Observe more • Talk Less • Coach around & away from ball
June / July MIP	Based on team needs	High quality tactical repetitions

Non-Negotiables

Player Feedback

- All players deserve formal feedback
- KYSA suggests **TWO formal reviews** and multiple informal reviews between Feb and July. Review [THIS](#) process for general best practice.
- All players need to know where they stand going into 2021 team formations. If a player must be demoted this should not be a surprise. Don't avoid the challenging conversation.
- An individual's ability/performance is never absolute but may need improvement. You are responsible for helping them improve.

Game Time

- Minimum game time expectation is 50% for all dressed players (provided they are healthy and have displayed appropriate attitude / attendance).
- Ideal game time expectation is EQUAL for all dressed players

Division	U11 & U12	U13 & U14	U15 & U16	U17 & U18
Duration	2 x 30 min	2 x 35 min	2 x 40 min	2 x 45 min

Positions

- U11/12 - Players will experience all primary positions on the field as equally as possible over the season (with the exception of GK)
- U13/14 - Players will play in their position of strength but must experience 2-3 positions with different roles and responsibilities.
- U15+ - Players can experience positions of their preference but need to be challenged with other roles and responsibilities to keep your team flexible for all contingencies.

Professional Coaching Conduct

- Clean Language (no swearing or inappropriate language at or around players in any language)
- Appropriate Sideline Behaviour (respect referees at all times, set the standard for your parents and players - no tantrums, no anger)
- Further your Education - attend all continuing education seminars run by KYSA (April 29, May 13 - may be adjusted as this is mother's day, June 3)
- KYSA Attire (wear all KYSA issued kit at all games and training sessions, if you need additional kit please speak with Clive)
- All KYSA coaches must have a signed Coaching Agreement on file for the current season - [HERE](#)

Support publicly - Disagree privately

The KYSA will do all we can to support you to your players and parents. We expect the same in return. YES, we may disagree from time to time and I am happy to have those discussions with you but we should not sow disharmony to our members when we have an avenue to discuss our differences in private. You may speak with anyone in the office (myself, Mark, Clive) or move to the board level (Jeff Murphy - current Select Committee Chair).

League Rules

FIFA RULE CHANGES

Summary of FIFA law changes for the 2020 season - [HERE](#)

U11/12 Rules

- Retreat Line - [CLICK HERE](#)
- Scoreline Management (TOYSL Rule): When a team is leading by 4 goals the team with the goal deficit will be allowed to add an extra player on the field. If there is a 2 goal difference this team will remove the extra player.
- Be familiar with the fines your team might incur for infractions during TOYSL League Play ([HERE](#))

U13 to U18 Rules

- Retreat Line - for U13 only, [CLICK HERE](#)
- Scoreline Management - No official rule HOWEVER KYSA coaches are asked to remove a player from the field should you be winning and the opponent simply cannot compete. This creates a greater challenge for your team and allows them experience coordinating when they are a player short.
- Be familiar with the fines your team might incur for infractions during TOYSL League Play ([HERE](#))

Reserve Players

- Reserves are the future player pool of the program, you are responsible for helping them feel valued and engaged.
- Reserves are expected to attend all training sessions unless previously communicated with you.
- They may have conflicts with Community Spring League team commitments. Community team commitments take priority.
- You MUST follow the KYSA Player Call Up Process ([HERE](#))
- Being called up is a reward for positive commitment & attitude in both their Community and Select teams.
- When called up, Reserve players should be receiving between 30% to 50% game time. The further away from Kamloops you travel the more game time they should receive.

Important Dates & Details

<u>U11 & U12</u>	<u>U13 to U18</u>
<ul style="list-style-type: none">• March 14/15 - Abby Friendship Jamboree• First Games - April 19• Final Games - June 21• 9 weeks of play• No League games on long weekends• Slurpee Cup (mandatory) - May 16/17/18• Team Photos - May 8/9	<ul style="list-style-type: none">• March - PreSeason Event (at discretion of coach)• First Games - Apr 4/5• Final Games - June 13/14• 9 weeks of play• Slurpee Cup (mandatory) - May 16/17/18• TOYLS Playdowns: June 19/20/21 in Kamloops• Provincial Cup:<ul style="list-style-type: none">○ Girls - July 2/3/4/5 in Vernon○ Boys - July 9/10/11/12 in Kamloops• Team Photos - May 8/9

Dome Training:

Feb/Mar				
	Monday	Tuesday	Wednesday	Thursday
5:00 pm				
5:15 pm	U12 Boys 5-6:15pm			
5:30 pm				
5:45 pm				
6:00 pm				
6:15 pm	U13 & U14 Girls 6:15-7:30pm	U11 Girls 5:30-6:45pm	U11 Boys + U12 GKs 5:30-6:45pm	U12 Girls + U11 GKs 5:30-6:45pm
6:30 pm				
6:45 pm				
7:00 pm				
7:15 pm		U15 Boys 6:45-8pm	U15 & U16 Girls 6:45-8pm	U13 & U14 Boys 6:45-8:00pm
7:30 pm	U16 & U17 Boys 7:30-9pm			
7:45 pm				
8:00 pm				
8:15 pm				
8:30 pm		U18 Boys 8:00-9:30pm	U18 Girls 8:00-9:30pm	
8:45 pm				
9:00 pm				
9:15 pm				

- Feb 3 to Mar 26
- TCC after that until grass fields are open
- U11 & U12 GK training begins week of Feb 17
- No dedicated GK training for U13+ until April

Coaching Appointments

U11 Girls	Todd Goodsell	U11 Boys	Mike Decicco	
	Tasha Vedd		Jeff Murphy	
	Emily Mann		Paul Dixon	
	Kirstine Scott		Mike Majak	
	Michaela Swan		U12 Boys	Monte Shantz
	Kristen Exelby		Jeff Jakel	
U12 Girls	Adam Simpson	Rob Fryer		
	Joe Hooley	Tylor Kroad		
	Jordan Mallais	Pasqualino Cuzzetto		
U13 Girls	Chad McIntosh	U13 Boys	Steve Scott	
	Chris L'Ecluse	Brad Hansen		
U14 Girls	John MacLeod	U14 Boys	Austin Pietramala	
	Andrew Williams	Victor Mercuri		
U15 Girls	Teri Hansen	U15 Boys	Tony Cuzzetto	
	Chuck Parken	Rob Thomasse		
U16 Girls	Evelyn Luce	Tristan Gough		
	Nevada Woods	Mark Bell		
U18 Girls	Frank Faraone	Al Mostyk		
	Garnet Mierau	U16 Boys	Jason Hwang	
		U17 Boys	Victor Lizzi	
		Charlie Nigro		
		U18 Boys	James Finley	
		Keith Hutchison		

Next Coaching Courses

Learning To Train (U11 & U12)

Kamloops - March 7 & 28

Kelowna - Feb 22 & 23

Kelowna - April 4 & 5

Soccer For Life (U13+)

Kamloops - March 8 & 29

Kelowna - Feb 29 & Mar 1

Penticton - Mar 7 & 14

Salmon Arm - April 18 & 19

C License (All head coaches progressing to U13+)

Summer 2020

TOYSL Divisions

Development Teams 2020		
BOYS	U11	U12
PINN	2	1
KU	3	4
VU	2	2
SYSA	1	1
KYSA	2	3
RYSA	1	0
TOTAL	11	11
GIRLS	U11	U12
PINN	1	1
KU	3	2
VU	2	2
SYSA	2	1
KYSA	3	2
RYSA	0	0
TOTAL	11	8

Select

BOYS	PINN	KU	VU	SYSA	KYSA	RYSA	TOTAL
U13	1	1	1	1	1	1	6
U14	0	2	1	0	1	0	4
U15	1	1	1	1	1	0	5
U16	0	2	1	0	1	0	4
U17	1	2	1	0	1	0	5
U18	0	1	0	0	1	0	2

GIRLS	PINN	KU	VU	SYSA	KYSA	RYSA	TOTAL
U13	1	2	1	1	1	0	6
U14	0	1	1	1	1	0	4
U15	1	1	0	1	1	1	5
U16	0	2	0	0	1	0	3
U17	0	2	1	1	0	0	4
U18	1	1	0	0	1	0	3

Other Items:

2021 Evaluations

- Formal Dates:
 - U11 & U12 - June 23/24/25
 - U13 to U18 Girls - July 13/14/15/16
 - U13 to U18 Boys - July 20/21/22/23
- Anyone who asks is welcome to attend training during the season (must be coordinated through the office).
- **IMPORTANT** - Track your attendance from Feb to July. This plays a vital role toward informing decision making for next season.

Social Media

Feature Friday

- KYSA is looking for nominations for our weekly Feature Friday piece that appears on social media (Facebook and Instagram) and is uploaded to the website.
- Nominations of coaches, players and volunteers is encouraged
- Nominations can be sent to Missy at kysaed@telus.net

Photos/Video content

- Teams are encouraged to post photos and video of their team's practices/games/events on social media
- Tag [@kysablaze](https://www.instagram.com/kysablaze) in your posts and we will share the information with the Club
- Use [#TogetherWeAreKYSA](https://www.instagram.com/hashtag/TogetherWeAreKYSA) when posting with a community spin
- Use [#RiseUp](https://www.instagram.com/hashtag/RiseUp) when posting with a Select spin

Other Content/Recognition

- If you have a story to tell about a player or volunteer that you believe deserves recognition, please share it so that we can celebrate it as a club

Final Items

Keep Equipment Areas Organized - All coaches are asked to make sure the equipment storage areas are kept tidy and organized. This means:

- Supervising your players if they are to put equipment away
- Returning the correctly sized pinnies to the correctly labeled storage bin
- Hanging bags of balls up in the appropriate areas
- Stacking cones by colour and training ladders neatly

BC Summer Games - This affect the U14 and U15 age groups. Players of distinction will be nominated to attend Summer Games try-outs for the Thompson Okanagan team. The summer games will take place on July 21 to 24 in Maple Ridge. More details will follow.

Coaching Journals - Select coaches are encouraged to complete a coaching journal over the course of the season. An example can be found [HERE](#). This can be a regular or semi-regular process and is intended to be a tool to help you develop as a coach, the more you reflect, the more you grow, the better your impact on the players.