

KYSA Outbreak Plan

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An “outbreak” is two or more cases; a “case” is a single case of COVID-19.

1. The following staff members are responsible for overseeing KYSA’s programming and have the authority to modify, restrict, postpone or cancel activities:
 - a. Ciaran McMahon - Technical Director/Safety Officer
 - b. Missy Cederholm - Executive Director/Safety Officer
 - i. Staff will follow up with the case/outbreak and follow the steps in Illness Policy
2. If staff (including volunteers) or a participant reports they are suspected or confirmed to have COVID-19 and have been at the workplace/activity place, implement enhanced cleaning measures to reduce risk of transmission.
 - a. Contact City of Kamloops Parks Staff to advise of a case/outbreak
 - b. Immediately close/block any facilities, such as the washrooms, that have been accessed by participant who is sick
 - c. Remove any equipment that the participant has come in contact with
3. Implement KYSA’s illness policy and advise individuals to:
 - a. Self-isolate
 - b. Monitor their symptoms daily, report respiratory illness and not to return to activity for at least 10 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
 - c. Use the COVID-19 self-assessment tool at [BC COVID-19 Self-Assessment Tool](#) to help determine if further assessment or testing for COVID-19 is needed.
 - i. Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.
 - ii. Individuals can learn more about how to manage their illness [HERE](#)
4. In the event of a suspected case or outbreak of influenza-like-illness, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at your local health authority. Implement your Illness Policy and your enhanced measures.
 - a. Interior Health - Kamloops Public Health Unit - 250-851-7300 - Monday to Friday from 8:30am to 4:30pm
 - b. Medical Health Officer on-call at 1-866-457-5648
5. If KYSA is contacted by a medical health officer in the course of contact tracing, the association will cooperate with local health authorities.