

INJURY & RETURN TO PLAY POLICY

In the event of an injury or incident the coach or another team official MUST complete the Injury report form (below) and send one copy to <u>office@kysa.net</u> and keep another copy with their team for the duration of the season.

<u>BC Soccer Injury Report Form</u> (must be completed by the coach or team official at the time of the incident)

Concussion

Concussion symptoms must have completely resolved and documented medical clearance completed by a medical doctor or nurse practitioner must be received before resuming full contact practice or game play. Clearance from a physiotherapist or like is not sufficient.

Click <u>HERE</u> for more information on Concussions.

Injury Requiring Surgery

Players must be cleared by a physiotherapist and have documented medical clearance by a medical doctor or nurse practitioner before resuming full contact practice or game play.

Long Term Injury (no surgery)

Players must have written clearance to play from a physiotherapist or doctor before resuming game play. An email will suffice in this case.

Short Term Injury

Players must have clearance from their physiotherapist before resuming game play. An email will suffice in this case.

Click <u>HERE</u> for more information on short term injuries and return to play protocols.

Long Term Contagious Illness

Players must have a clearance letter from a doctor in order to return to the team. The most common contagious diseases are categorized as bacterial, viral, fungal and protozoan. Examples are pneumonia, measles, chicken pox, meningitis, mononucleosis, pertussis (whooping cough).